



# Cedardale / Groveland Summer Day Camp

P.O. Box 16  
20 Bare Hill Rd.  
Groveland, MA. 01834

## Mildly Ill Camper Information Form

The purpose of this form is to provide guidance to the health supervisor, staff, and parents/guardians as to whether or not a camper should come to camp and remain in camp if mild illness is present. The goal is to keep campers at camp, safe and participating; ensuring growth (physically, mentally, and social-ly), with fun filled learning experiences. It is recommended that a camper remain at home and rest if mildly ill until symptom free for at least 24 hours, helping to prevent the spread of illness and promote a quick recovery. The health supervisor @camp, (and parent/guardian when appropriate), will determine whether or not a camper is permitted to participate in camp activities, needs to rest in health office, or needs to return home, when mildly ill.

One or more of the following list of symptoms may be present in camper when mildly ill:

1. Fever less than 99.9 degrees F
2. Sore throat (without signs of infection)
3. Cough
4. Runny nose
5. Fatigue
6. General malaise
7. Stomach ache
8. Headache
9. Nausea
10. Itchy burning eyes
11. Earache (even if suspected infection: ear infections are not contagious)

The following list of symptoms would indicate a camper is more seriously ill, likely contagious, and would need to be dismissed home and remain out of camp until symptom free for at least 24 hours:

1. Fever greater than 99.9 degrees F
2. Vomiting (without a pre-existing condition)(i.e. motion sickness, frequent upset stomach, anxiety)
3. Diarrhea (with unknown origin, accompanied with signs and symptoms of illness)
4. Rash (unknown cause and if suspected to be contagious)(MD note to be brought to health office)
5. Signs or symptoms of strep throat (unless on antibiotic for more than or equal to 24 hours)(MD note to be brought to health office)
6. Signs or symptoms of conjunctivitis (unless using antibiotic for more than or equal to 24 hours)(MD note to be brought to health office)

\*\*\* If an MD has cleared a camper for attendance, and a parent has provided a note from the doctor, then it is ok for that camper to attend camp.\*\*\*

In the event of an emergency, attempts will be made to contact the parent/guardian immediately, using their health form information.